

Gym • Pool • Sauna • Steam Room • Personal Training



If you are looking for a gym and pool with easy access and friendly support, why not take a look at Horizons at Apollo Hotel. Our flexible membership packages offer use of the gym, pool and spa area with workout classes available, plus the support of a great team. And, with free parking and superfast free wifi, you can make the most of your workout, then enjoy the hospitality of our Library Bar, with discounts on food and drink for members.

FULL MEMBERSHIP

£45 per month

Access to all facilities at all times.

Mon - Fri 7am to 8.45pm*

Sat & Sun 8am to 7.45pm**

(* last entry 8pm / ** 7pm)

OFF PEAK MEMBERSHIP

£29 per month

Off peak membership for access to all facilities.

Mon-Thur 9am - 5pm

Friday 9am - 8.45pm*

Weekends and public holidays
8am - 7.45pm**

DAY PASS

£10

Day rate price for adults.

Children up to 4 yrs -FREE

Children 5-15yrs - £6

Aged 16+ - Adult Price

Must be accompanied by member.
Must be 16+ to use the gym.

Minimum contract length for Full and Off Peak Memberships is 3 months.

Those not paying for membership on a direct debit scheme will be subject to a £50 administration charge.

ADULT ONLY POOL TIMES

Monday -Thursday 9am-11am 2pm-3pm 7pm-8pm

Free Parking • Free Wi-Fi • Discounted Food & Drinks • Preferential Hotel Rates

Corporate rates also available. Please email pfearon@apollohotels.com



Beauty Treatments

Our independent therapists ensure quality treatments in a relaxing environment.
Monday to Saturday - by appointment only.

Skincare

Skin consultation (T,N)	free
Dermalogica 1hr facial (T,N)	£70
Skin peel (T)	£65*
Dermalogica Pro Power Peel (N)	£55*
Microdermabrasion (N)	£55
Dermapen micro needling (T)	£125
Dermapen with skin peel (T)	£160
Microneedling with Dermalogica (N)	£100
Million Dollar Facial (T) (including Derma planing and micro needling)	£115
Mini Million Dollar Facial (Derma planing) (T)	£65

Advanced Cosmetic Procedures - ACP (T)

Consultation	£45
15 mins	£65
30 mins	£110
45 mins	£155

Electrolysis Hair Removal (N)

Minimum 17 mins	£1 per minute
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Microblading (N)

Initial Session	£250*
12-18 months top up	£150

Vitamin Injections (T)

Vitamin B12	£25
Vitamin D	£40

Massage (T,N)

Full body	£55
Back massage	£38
Hot stone one hour (N only)	£60
Hot stone half hour (N only)	£40

30 mins (T,N) £35

Face, neck and shoulder massage	
Mini facial	
Body exfoliation	
Foot massage	
Scalp and head massage	
45-min massage	£45

Waxing (T,N)

Half leg	£22
Half leg & bikini	£34
Half leg & Brazilian/Hollywood	£50
Full leg	£32
Full leg & bikini	£42
Full leg & Braz/Hollywood	£60
Bikini	£18
Brazilian/Hollywood	£34
Underarm	£15
Forearm	£21
Full arm	£30
Eyebrows	£14
Lip or Chin	£12
Lip & Chin	£20
Nose	£8
Full back	£30
Chest	£25

Brow and Lash Treatments*

HD Brow Sculpt (T)	£45*
Eyelash tint (T,N)	£18*
Eyebrow tint (T,N)	£13*
Eyebrow tint and shape (T,N)	£23*
Eyelash lift and tint (N)	£38*
Henna brow (N)	£22*
Hopi ear candling (N)	£32

Nails

Gel manicure (T,B)	£37
Gel French manicure (T,B)	£39
Soak off (T,B) (Soak off included with re-application of gel)	£20
Spa gel manicure /pedicure with paraffin wax (B)	£40
Nail art (B)	£1 per nail
Medical hard skin treatment (B)	£20
Normal Pedicure (N)	£30

Aesthetic Skin Boosters (T,N)

Profhilo	£250
Second treatment required four weeks later for optimum results. £430 if paying for two treatments	
Jalupro	£140
Up to three treatments recommended 10-14 days apart. £360 if paying for three treatments.	

Spa Days

Includes pool and spa facilities plus either	
30 minute treatment	£40
60 minute treatment	£60

B Boryana **N** Natasha **T** Tracy

*Patch test required either 24 or 48 hours prior to treatment. Access to the treatment rooms is via stairs.
Only therapist vouchers are accepted.

apollohotels.com/beauty
01256 796719


Horizons